

Impact & Insights

From Foundation to Forward Movement



Say Your Name, Inc.

Moving Survivors From Invisible To Visible

Volume 1, Issue 2 | August 2026

Bi-Monthly Newsletter | Survivor Advocacy • Education • Community Engagement

IMPACT & INSIGHTS

From Foundation to Forward Movement

"Moving Individuals From Invisible To Visible"

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FOUNDER'S OPENING NOTE

Dear friends and supporters,

Welcome to the August issue of Impact & Insights. This month's theme, From Foundation to Forward Movement, reflects a meaningful shift for Say Your Name, Inc. The work that once lived in planning documents, prayer, preparation, and quiet infrastructure is now taking visible shape through service readiness, community presence, and intentional pathways of support.

In this issue, you will see readiness becoming reach. Our office space is prepared to receive support inquiries with compassion and discretion. EmpowerDB implementation is strengthening intake, referral, consent, and documentation processes. Community outreach has expanded through school supply donations, vendor tables, partner conversations, and a growing network of organizations learning how Say Your Name, Inc. can serve.

Most importantly, this movement remains rooted in our vision: a world where survivors of intimate partner violence are seen, believed, protected, and supported as they reclaim safety, dignity, and healing.

Thank you for walking with us into this next chapter with compassion, faith, and shared commitment.

In Service and Restoration,
Dr. Sebrenna Whitlock
Founder & CEO, Say Your Name, Inc.

QUICK READER OVERVIEW

A snapshot of this month's progress and priorities

- Office space is prepared for confidential support inquiries.
- EmpowerDB implementation is underway to strengthen intake, referrals, consent, and documentation.
- More than 115 book bags and school supplies were distributed through community outreach.
- Community engagement is expanding from the First Five toward the Top Ten.
- Walk A Mile In Her Shoes® is gaining early momentum as a September 2027 signature mobilization.

Preparation matters because survivors deserve trusted pathways before crisis becomes the only doorway to help.

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SAFETY NOTE

If you or someone you know is in immediate danger, call 911 if it is safe to do so. For confidential support, the National Domestic Violence Hotline is available 24/7 at 1-800-799-SAFE (7233), by texting START to 88788, or by visiting thehotline.org. If it is unsafe to view domestic violence resources on a personal device, consider using a safer device and reviewing online safety steps, because internet and device activity can sometimes be monitored.

Progress & Milestones

Momentum taking shape

This month marks a meaningful shift for Say Your Name, Inc. The organization's office space is now prepared to receive support inquiries, creating a dedicated environment for confidential conversations, compassionate response, and survivor-centered care. What began as preparation is becoming practical readiness.



Prepared space is part of building trusted, compassionate pathways for survivor support.

A Refreshed Visual Identity

As Say Your Name, Inc. moves from foundation to forward movement, the organization has refreshed its visual identity to reflect its growing visibility, deepening community presence, and continued commitment to moving survivors from invisible to visible.



The refreshed Say Your Name, Inc. logo reflects the organization's commitment to visibility, restoration, and survivor-centered care.

Infrastructure designed with confidentiality at the center

EmpowerDB implementation is officially underway, bringing Say Your Name, Inc. closer to a stronger, safer, and more accountable service framework. These systems are not simply administrative tools; they are part of the organization's commitment to protecting dignity, privacy, and choice.

Outreach that met families where they were

August brought visible community connection through back-to-school outreach. Say Your Name, Inc. donated more than 115 book bags and school supplies through The Tech Bodega Tech Fest, National Night Out in Charles County, and Beyond the Classroom. These outreach moments helped connect families with resources, visibility, and a growing awareness of Say Your Name, Inc.'s mission.

Expanding the Circle of Community Connection

From the First Five to the Top Ten

The outreach strategy is growing from the **First Five** to the **Top Ten**. Initial packets have already reached key partners, including the **Charles County Sheriff's Office**, **CAP: Center for Abused Persons**, and the **College of Southern Maryland**.

The next phase will widen that circle to include faith communities, local businesses, civic organizations, fraternities and sororities, and the Charles County Chamber of Commerce.

Each packet delivery is more than a handoff; it is an invitation to help build safer, clearer pathways to support.

“Community connection helps survivors encounter support before crisis becomes the only doorway to help.”

Why This Matters

Community connection helps trusted partners recognize the mission, share resources appropriately, and create safer, clearer pathways to support before crisis becomes the only doorway to help.

From the Blog

A weekly rhythm of reflection, education, and restoration



The weekly blog offers a quiet place for reflection, encouragement, and survivor-centered healing.

Your August reflections include:

- *Becoming Visible After Abuse*
- *Naming Safety After Trauma*
- *Building a Resilient Life After Abuse That Can Hold You*

Together, these posts offer gentle, thoughtful language for healing and restoration.

Featured Initiative: Walk A Mile In Her Shoes®

September 2027: A public step toward survivor safety



Walk A Mile In Her Shoes® is being developed as Say Your Name, Inc.'s September 2027 signature community mobilization for survivor safety.

Walk A Mile In Her Shoes® will become one of Say Your Name, Inc.'s most visible calls to community action. Scheduled for September 2027, this mobilization invites Charles County and surrounding partners to step forward together with humility, courage, and shared commitment to survivor safety.

At its heart, the walk is not about a single day on the calendar. It is about building a public culture where survivors are seen without being exposed, believed without being interrogated, and supported before crisis becomes the only doorway to help.

Early planning is already beginning. Dr. Nina Patterson, Founder of Sources of Power, has joined the Walk A Mile In Her Shoes® Planning Committee following a collaborative meeting with Dr. Whitlock on August 11.

“Survivor safety belongs to all of us.”

Your Invitation

Begin thinking now about the role you can play. Walk, volunteer, give, sponsor, partner, share, or invite someone with influence to stand with us.

Every early commitment helps September 2027 become more than a date; it helps it become a declaration.

Ongoing Projects

Quiet infrastructure, lasting impact

Some of the most important survivor-centered work happens behind the scenes — in the forms, workflows, referral relationships, consent practices, and secure systems that make compassionate support possible.

● EmpowerDB Implementation

EmpowerDB remains a central project in motion. The system is being shaped to support intake, referral tracking, service documentation, and pathways that reflect the needs of Say Your Name, Inc.

● Referral Planning

Referral planning is advancing with careful attention to consent and clarity. Electronic consent before a handoff helps ensure support begins with respect, not confusion.

● Outreach & Partnership Growth

Outreach packets are expanding from the First Five toward the Top Ten, helping more agencies, faith communities, civic groups, businesses, and community leaders understand the mission.

College of Southern Maryland Connection

A promising conversation with Stephanie Rolle, Director of the College of Southern Maryland Nonprofit Institute, is opening pathways for nonprofit support, student volunteer exploration, academic conversations, and future capacity-building opportunities.

A September 11 follow-up meeting will continue exploring responsible collaboration while honoring confidentiality laws, institutional policy, and appropriate referral boundaries.

Why This Matters

Together, these projects represent the quiet architecture beneath lasting service. They help Say Your Name, Inc. build systems that are compassionate, accountable, confidential, and ready when survivors seek support.

Community Spotlight

Welcoming Dr. Nina C. Patterson



Welcoming Dr. Nina C. Patterson

This month, Say Your Name, Inc. is pleased to spotlight Dr. Nina C. Patterson, Founder and Visionary of Sources of Power, an organization committed to restoring lives, igniting purpose, and creating change.

Dr. Patterson brings a meaningful blend of systems leadership, ministry experience, community empowerment, domestic violence advocacy, and faith-centered coaching to the work ahead.

Following a collaborative meeting with Dr. Whitlock on August 11, Dr. Patterson joined Say Your Name, Inc. as a new volunteer and member of the Walk A Mile In Her Shoes® Planning Committee.

Her presence adds both strategic capacity and spiritual depth as Say Your Name, Inc. continues building public advocacy, community partnership, and safer pathways for survivors and families.

Dr. Nina C. Patterson, Founder and Visionary of Sources of Power, joins Say Your Name, Inc. as a volunteer and Walk A Mile In Her Shoes® Planning Committee member.

**“Restoration grows stronger when purpose, service,
and community move together.”**

Why We're Grateful

Dr. Patterson's willingness to serve reflects the kind of partnership this mission needs: thoughtful, skilled, faith-informed, and rooted in restoration.

Her support strengthens the work ahead as Say Your Name, Inc. continues moving from foundation to forward movement.

AWARENESS & ACCESS

Why confidential referral pathways matter



Confidential referral pathways help turn awareness into safer, clearer access to support.

Awareness opens the door, but access is what helps someone walk through it safely. For survivors of domestic violence, reaching out can be complicated by fear, timing, privacy concerns, transportation, family responsibilities, technology monitoring, or uncertainty about whom to trust.

That is why confidential referral pathways matter. They help transform concern into a safer, clearer connection to support.

A strong referral pathway protects choice. It explains what information may be shared, who will receive it, and what happens next.

Confidentiality is central to that process. When privacy is handled with care, survivors are less likely to feel exposed, rushed, or passed along without understanding what is happening.

Moving from awareness to access means ensuring that when someone is ready to seek help, the path before them is respectful, informed, and clear.

Advocacy in Action

Where presence becomes possibility

Advocacy often begins long before a crisis call is made. It begins when an organization becomes visible in trusted community spaces, when families receive resources without stigma, and when conversations create a bridge between everyday life and future support.

In August, Say Your Name, Inc. carried that presence into the community through back-to-school outreach, resource sharing, and local partnership.



Say Your Name, Inc. extended community care through back-to-school outreach, resource sharing, and local partnership.

The Tech Bodega Tech Fest

Say Your Name, Inc. provided school supplies, hosted a vendor table, and introduced families to its growing work in Harrisburg, Pennsylvania

National Night Out

In Charles County, Maryland, Say Your Name, Inc. connected with residents while distributing book bags and service information in a setting centered on public safety and community trust.

Beyond the Classroom

Additional school supplies reached young people connected to a mission of expanding access to experiences, opportunities, and support.

Advocacy in Motion

These moments are not separate from advocacy; they are part of it. Every table, packet, school supply, and conversation helps Say Your Name, Inc. become a trusted presence people have already encountered. Support can be compassionate, confidential, and close enough to reach.

Impact Snapshot

August Highlights

- Office space prepared for confidential support inquiries and compassionate response.
- EmpowerDB implementation advanced to support intake, referral, consent, and documentation.
- More than 115 book bags with school supplies distributed through outreach and partnership.
- Outreach expanded from the First Five toward the Top Ten.
- Dr. Nina Patterson joined as a volunteer and Walk A Mile In Her Shoes® Planning Committee member.
- Walk A Mile In Her Shoes® continued gaining visibility as a September 2027 signature community mobilization.

Donor Spotlight

Honoring Pastor Juan M. Turnez Sr.



This month, Say Your Name, Inc. is honored to recognize Pastor Juan M. Turnez Sr., a retired pastor whose generosity reflects a heart for service, restoration, and community care.

Pastor Turnez's giving represents more than financial support; it is an expression of faith in the work Say Your Name, Inc. is building. Contributions like his help create the conditions for service: prepared space, trusted systems, thoughtful outreach, and survivor-centered pathways.

Thank you, Pastor Turnez, for your generous heart and for sowing into the restoration, safety, and continued growth of Say Your Name, Inc.

Pastor Juan M. Turnez Sr. is recognized for his generosity, faith, and support of the mission of Say Your Name, Inc.

Frequently Asked Questions

Common questions about this month's progress

Q: Is Say Your Name, Inc. ready to receive support inquiries?

A: Yes. Say Your Name, Inc. is prepared to receive support inquiries with care, confidentiality, and compassionate response.

Q: What is EmpowerDB and why does it matter?

A: EmpowerDB is the secure database system being configured to support intake, referrals, consent, documentation, and responsible reporting.

Q: How will confidential referrals work?

A: Confidential referrals will be built around consent, privacy, and survivor choice so support begins with respect, not confusion.

Q: How can I support the mission?

A: You can give, volunteer, partner, walk, share, or open a door. Every act of support helps move this mission forward.

Call To Action

Choose one way to move the mission forward

Your next step can help create a safer pathway for someone else.

Give

Sustain office readiness, outreach, database infrastructure, and survivor-centered programming.

Partner

Connect Say Your Name, Inc. with trusted spaces where survivors and families can learn about support.

Serve

Support outreach, planning, administration, education, event preparation, or future program development.

Walk

Help build momentum toward Walk A Mile In Her Shoes® in September 2027.

Share

Share the newsletter, blog reflections, outreach materials, and upcoming opportunities.

One introduction, one gift, one volunteer hour, or one shared invitation can help create a safer pathway for someone else.



A Message From Our Founder

Forward movement begins with sacred stewardship, trusted pathways, and a commitment to restoration.

As I close this August issue, I keep returning to one word: stewardship. Not simply the stewardship of resources, but the stewardship of trust.

Every conversation, packet, donation, system, meeting, and act of outreach is part of preparing Say Your Name, Inc. to hold sacred space for people who may one day need safety, dignity, and a compassionate place to begin again.

This work asks us to build slowly enough to be responsible and boldly enough to be useful. Behind the scenes, we are strengthening systems that protect privacy, support informed consent, and help community partners connect people to care with wisdom. In public spaces, we are showing up so the mission becomes visible, familiar, and trusted.

From Foundation to Forward Movement is more than a theme for this issue. It is a reminder that preparation has purpose. The foundation we are building is meant to carry service, advocacy, education, and faith-informed care into the places where survivors and families may need us most.

To every person who has prayed, given, volunteered, opened a door, shared our name, asked a question, or offered encouragement: thank you. Your support does not sit on the edge of this mission; it is woven into it. Forward movement is never carried by one person alone. It is carried by a community willing to believe that restoration is worth building.

In Service and Restoration,
Dr. Sebrenna Whitlock
Founder & CEO, Say Your Name, Inc.

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Share Our Story

Know someone who would benefit from our work or wants to support survivor-centered advocacy?
Share this newsletter and help us grow our community of supporters.